

TO: Colleges
FROM: CDPH
SUBJECT: Prevent Mumps Outbreaks at College: Guidance from CDPH
DATE: 3/17/16

Dear Student Health Centers:

Please review [the linked update on mumps outbreaks at colleges](#) also posted at the California Department of Public Health [\(CDPH\) mumps website](#):

Outbreaks of mumps have been occurring at many colleges and universities in the Eastern and Midwestern United States, and now at [the University of San Diego](#). **As students return from their travels during Spring Break, mumps may be introduced onto your campus.**

Steps you can take include:

- Encourage all students who have had fewer than two doses of MMR vaccine to catch up in order to reduce their risk.
- Be prepared - Review with your staff [CDPH guidelines](#) for investigation, testing and isolation of suspect mumps cases.
- If you suspect a case of mumps on your campus, please:
 - Contact your local health department
 - Obtain a buccal swab specimen for pcr testing
 - Isolate the patient from others for 5 days after the onset of parotitis
- Read more on [preventing a mumps outbreak on college campuses](#).

Thank you for your efforts to protect the health of your students and community.