

**TO:** EZIZ Users  
**FROM:** CDPH  
**SUBJECT:** Pregnant women need influenza and whooping cough shots  
**DATE:** 8/26/13

---

Dear EZIZ Users,



It's the final week of National Immunization Awareness Month—an observance that highlights the importance of immunizations. This week, the Centers for Disease Control and Prevention and the California Department of Public Health are calling on all health care providers to help spread the word about the importance of Tdap and influenza immunizations during pregnancy.

The Centers for Disease Control and Prevention **recommend that all pregnant women receive:**

- **an influenza shot** at any stage during their pregnancy and
- **a pertussis (Tdap) shot between 27 and 36 weeks gestation** (during each pregnancy, even if they received Tdap before becoming pregnant)

Studies show that transplacentally transferred maternal antibodies provides infants some protection against pertussis and influenza until they are old enough to be immunized against these diseases (6 weeks minimum age for DTaP, 6 months for influenza vaccine).

Help us raise awareness by:

- Strongly recommending both of these immunizations during pregnancy. You may also refer patients to <http://vaccine.healthmap.org/> to help them find a place to get immunized for a fee
- Distributing flyers about [influenza](#) and [pertussis](#) for expectant moms in your practice
- Sending [influenza](#) and [whooping cough](#) e-cards to expectant parents

*Babies are counting on us to protect them from the star*

---

*If you would like to be removed from the EZIZ list-serve, please go to <http://eziz.org/manage-subscription.php> to unsubscribe.*