

TO: EZIZ Users
FROM: CDPH
SUBJECT: NIAM spotlight on teens and preteens
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**It's National Immunization Awareness Month,
and this week's spotlight is on Preteens and Teens!**

Vaccines give you the power to protect your preteen and teen patients from several serious diseases, and are one of the best ways we can protect infants, children and teens from 16 potentially harmful diseases. Vaccine-preventable diseases can be very serious, may require hospitalization or can even be deadly — especially in infants and young children.

Preteens and teens need four vaccines to protect against serious diseases:

- **Meningococcal conjugate vaccine (MenACWY)** to protect against meningitis and bloodstream infections (septicemia). Teens and young adults may also be vaccinated with a serogroup B meningococcal vaccine.
- **HPV (human papillomavirus) vaccine** to protect against cancers caused by HPV.
- **Tdap vaccine** to protect against tetanus, diphtheria and whooping cough (pertussis).
- **Flu vaccine** every year to protect against seasonal flu.

Battling Cancer

Read [Matthew's Story](#) in which he describes what it was like to watch his dad go through chemo and radiation treatment for HPV-related throat cancer. "I'd rather get a hundred HPV shots so I don't have to go through what my dad is going through," was the thought running through Matthew's mind as he rolled up his own sleeve to get vaccinated against HPV.

School Requirements

For information on immunizations required for school, visit www.ShotsforSchool.org.