

TO: School Administrator
FROM: CDPH
SUBJECT: Help prevent flu in school-aged children
DATE: 9/12/18

Dear California School Administrator:

Help protect your school and community from influenza this winter. Along with school absences from milder disease, even healthy children can be hospitalized or die from flu complications. The California Department of Public Health encourages you to:

I. Support influenza vaccination

By offering school-based clinics or vaccination programs, or if vaccination is not available on school grounds -

- Promote vaccinefinder.org for families seeking flu vaccination.
- Some local health departments may also be offering free or low-cost flu vaccine. Call your [local health department](#) to learn more.

II. Share personal stories



- [Brittney's Story](#) (13-year-old girl) 2-min video —A mom tells of her healthy cheerleader daughter's unexpected and rapid death from influenza.
- [Gigi's Story](#) (teacher) 4:30-min video—A schoolteacher who never thought she needed a flu shot ends up in a coma from the flu

III. Post educational materials at your school.

Choose from:

- [Parents Keep Our School Healthy poster](#) (bilingual)
- [Keep Our School Healthy Symptoms poster](#) | Spanish
- [Germ-Free Zone multilingual poster](#) | English/Spanish | English/Chinese
- [Keep Our School Healthy poster](#)

- To download other flu print resources, visit: <http://eziz.org/resources/flu-promo-materials/>. For more information about flu, visit www.flu.gov.