

TO: EZIZ
FROM: CDPH
SUBJECT: People at High Risk for Flu Complications
DATE: 8/21/2019

Dear EZIZ users:

Flu season is around the corner! As you kick-off your flu vaccine planning efforts, make sure those at [high risk for flu complications](#) come in for their flu vaccine. Recalling patients by calling, texting or using your patient portals to let them know about flu vaccine availability can be very helpful. To learn about other strategies to increase influenza vaccination coverage in your clinic, see our [“Afternoon TEAch” archived webinar](#).

While everyone 6 months of age and older should get a flu vaccine, it is especially important for those who are:

- Adults 65 years and older
- Children younger than 2 years old
- Pregnant women and women up to 2 weeks after the end of pregnancy
- American Indians and Alaska Natives
- Living in nursing homes and other long-term care facilities
- Experiencing certain health conditions, including asthma, heart disease, diabetes, and a weakened immune system.

For these patients, [flu complications](#) can result in hospitalization and sometimes death. Flu can also make chronic health problems worse. Your strong recommendation and efforts to immunize them makes all of the difference. For additional flu resources, visit <http://eziz.org/resources/flu-promo-materials/>.