



## Older Adults Need Flu Shots

The risk of flu complications increases in adults [age 65 years and older](#). Up to 70% of influenza hospitalizations can occur in this age group. Additional options to help protect older patients include high-dose, adjuvanted and recombinant influenza vaccines.

A common flu complication is pneumococcal infection. Screen older patients using your immunization registry or EHR to see if the patient is protected against pneumococcal disease. All adults 65 years or older should receive a dose of PPSV23, and some are also recommended to receive PCV13. It is safe to administer both influenza and pneumococcal vaccine at the same visit.

### How to Recommend Flu Vaccine to Older Patients



[Watch how one physician communicates with her older patients](#), sharing reasons why they should get vaccinated against the flu. Once you've seen it, pass it on!

### Educational Handouts for your staff and patients

- [Shots Aren't Just for Kids](#)
- [My Health is My Biggest Asset](#)
- [Pneumococcal vaccine information](#) (CDC)