

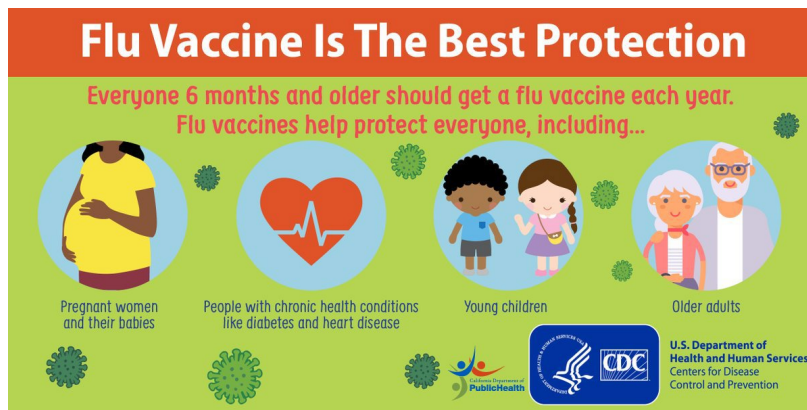


# Vaccine Tips

February 2020

## Spread love, not flu!

Show them you care. It's not too late to protect against flu.  
The single best way to prevent seasonal flu is to get vaccinated each year.



**Flu vaccine is recommended for everyone 6 months and older: your patients, your coworkers, your family, and you.**

CDC estimates that so far this season, there have been at least **22 million flu illnesses, 210,000 hospitalizations and 12,000 deaths** from flu. CDC expects these levels to remain elevated for weeks to come.

**All children younger than 5 years old are at high risk of developing serious flu-related complications.** Some children are at especially high risk for developing flu-related complications, like those with certain **chronic health conditions** including asthma, chronic lung disease and heart disease.

### Best practices:

- **Check your current flu vaccine inventory.** Make sure you have enough for your patients.
- Run a list of pediatric **patients who still need their second dose** this season.
- Download and complete a **[Flu Vaccination Action Plan](#)**.



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♥ Visit **[EZIZ.org](http://EZIZ.org)** for more information about **[flu prevention](#)**. ♥