

**TO:** EZIZ Users  
**FROM:** CDPH  
**SUBJECT:** Help prevent flu in school-aged children  
**DATE:** 9/10/13

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Dear EZIZ Users,

Flu season is fast approaching. With most schools now in session, it's important that we immunize school-aged children against flu. School-aged children have the highest rates of flu in comparison to other age groups.

Getting flu for school-aged children can mean an increase in:

- medical visits and out-of-pocket expenses
- unnecessary antibiotic use
- over-the-counter medications; and
- missing school

Even healthy children can be hospitalized or die from flu complications. You can help reduce the spread of flu among school-aged children by:

- - Immunizing school-aged children against flu. Please refer to the [influenza vaccine dosing algorithm for children aged 6 months through 8 years](#)
  - Sending reminders to your patients' homes about flu immunizations for the whole family
  - Ordering FREE copies of the [family flu poster](#) from your [local health department](#) and posting them in your exam rooms or waiting rooms
  - Distributing [information about flu for parents](#)
  - Helping parents [talk to their children about flu](#)

To download other flu print resources, visit: <http://eziz.org/resources/flu-promo-materials/>. For more information about flu, visit [www.flu.gov](http://www.flu.gov).

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