

TO: EZIZ Users
FROM: CDPH
SUBJECT: National Adult Immunization Awareness Week: Adults Need Vaccines, Too!
DATE: 9/22/14

Vaccines are not Just for Kids— Adults Need Them, Too!

National Adult Immunization Awareness Week is September 23-27, 2014.

Adults need to be up-to-date on their vaccinations to protect themselves, their families, and our communities from vaccine-preventable diseases.

Many adults are unaware that they need vaccines. As a health care professional, you play a critical role in educating your patients about recommended vaccines and ensuring they are fully immunized.

All adults 19 years of age and older need to get the following vaccines:

- Flu** (influenza): every year at the beginning of flu season
- Tdap** (tetanus, diphtheria, and pertussis): at least once*
*Pregnant women need Tdap during the 3rd trimester (27-36 weeks) of every pregnancy and flu vaccine during flu season.

Encourage your patients (*or your patients' parents*) to find out if they are up-to-date on vaccines. This [brochure from CDC](#) can help.

Want to do something special to promote flu vaccine? Consider showing a personal influenza story to remind your audience why flu should be prevented.

Check out these brief flu stories on video directed at adults:

- [Tammy's Story](#)
- [Wendy's Story](#)

Adult vaccines are recommended by CDC, American College of Physicians, American Academy of Family Physicians, American College of Obstetricians and Gynecologists, and American College of Nurse-Midwives.

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