

**TO:** K-12  
**FROM:** CDPH  
**SUBJECT:** Help prevent flu in school-aged children  
**DATE:** 9/17/19

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## Protect Your School and Community from Influenza

Dear California School Administrator:

Help protect your school and community from influenza and reduce school absences this year! The California Department of Public Health encourages you to:

### Support influenza vaccination by

- Offering school-based clinics or vaccination programs, or
- If vaccination is not available on school grounds, promote [vaccinefinder.org](https://www.vaccinefinder.org) for families seeking flu vaccination. Some local health departments may also be offering free or low-cost flu vaccine. Call your [local health department](#) to learn more.



### Share personal stories

- [Brittney's Story](#) (13-year-old girl) 2-min video —A mom tells of her healthy cheerleader daughter's unexpected and rapid death from influenza.
- [Gigi's Story](#) (teacher) 4:30-min video—A schoolteacher who never thought she needed a flu shot ends up in a coma from the flu

**For teachers who want to engage young children in learning about flu prevention:**

- ["Are you a flu fighter?"](#) | [Spanish](#) coloring book

- [The Scrub Club.org](#) (ages 3-8 years) has webisodes/games about handwashing and fighting germs
- [It's a Snap handwashing activity](#)

**Post educational materials at your school.** Choose from:

- [Parents Keep Our School Healthy poster](#) (bilingual)
- [Keep Our School Healthy Symptoms poster | Spanish](#)
- [Germ-Free Zone multilingual poster | English/Spanish | English/Chinese](#)
- [Keep Our School Healthy poster](#)

Thank you for your efforts in protecting our children from the dangers of influenza. To download other flu print resources, visit: <http://eziz.org/resources/flu-promo-materials/>. For more information about flu, visit [www.flu.gov](http://www.flu.gov).