Welcome to Today's Webinar:
Talking with Patients about the Fall COVID-19, Flu, and RSV Vaccine Season
Questions

During today's webinar, please use the Q&A panel to ask your questions so CDPH subject matter experts can respond directly.

Resource links will be dropped into, “Chat”
Housekeeping

Reminder to Attendees:

Today's session is being recorded. Access today's slides and archived presentations at: COVID-19 Crucial Conversations

If you have post-webinar questions, please email diane.evans@cdph.ca.gov
Participants will learn:

• The current rates and impact of flu, RSV, and COVID-19 in our communities

• Strategies to discuss and increase vaccine acceptance

• How to effectively counsel patients on the risk and spread of respiratory viruses during the holiday season
# Agenda: Wednesday, October 18, 2023

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Speaker(s)</th>
<th>Time (PM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Welcome and Poll</td>
<td>Diane Evans (CDPH)</td>
<td>12:00 – 12:05</td>
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<td>2</td>
<td>Talking with Patients about the Fall COVID-19, Flu, and RSV Vaccine Season</td>
<td>Ilan Shapiro, MD</td>
<td>12:05 – 12:40</td>
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<td><strong>Questions and Answers</strong></td>
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<td>12:40 – 12:55</td>
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<td>3</td>
<td>Poll and Resources</td>
<td>Diane Evans (CDPH)</td>
<td>12:55 – 1:00</td>
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**Thank you!**
Poll: CDPH appreciates your feedback!

How confident are you in your ability to effectively discuss the COVID-19, Flu, and RSV vaccines with patients?

- Very confident
- Confident
- Somewhat confident
- Slightly confident
- Not confident
Talking with Patients about the Fall COVID-19, Flu, and RSV Season

Ilan Shapiro, MD, MBA, FAAP, FACHE
Disclosure

EX BOSS
Disclosure

Boss Team
About AltaMed...

Founded in 1969, AltaMed Health Services Corporation is a network of federally qualified health centers (FQHCs)

+60 service sites (Los Angeles & Orange Counties)

+1 million encounters for primary care, behavioral health, dental services, senior care, and other social services for +490K unique patients.

Approximately 86% – 97% of our patient population self-identifying as Latino.
Objectives

1. What is new for 2023-2024 season
2. How to create conversations about RSV, Influenza and COVID-19 protection
3. What do we know about the RSV Vaccines and who can get them
4. Understand why we need to make a case for Influenza and COVID-19 vaccines
5. Learn a process to have conversations around vaccination
What has changed?

1) COVID-19
2) Influenza
3) RSV
Influenza

2023-2024 Influenza Season

RSV, Influenza and SARS-CoV-2 may co-circulate and people may become co-infected.

Late summer and increasing cases

Receiving the flu and COVID-19 vaccines is the most effective way to prevent infection.
At-Risk Community Members

- Adults 65 years old and older
- Elderly people living in long-term care facilities
- Adults with chronic health conditions
- Pregnant women
- Young children less than 5-years-old
If you need to have a focus laser aim..
Influenza: Why is it Important?

- Influenza and pneumonia were responsible for a total of 41,917 deaths.
- The death rate per 100,000 population was 12.6, indicating the severity of the impact of these illnesses.
- When compared to other causes of death, influenza, and pneumonia ranked 13th in terms of their frequency as the primary cause of death.
- This data underscores the significance of addressing and managing these respiratory diseases to safeguard public health.

- **What does this mean?** It is still an important infection that needs to be addressed. Hygiene, preventive physical measures (surfaces), detection, vaccination, and treatment play an important role.
## Influenza: Why is it important?

<table>
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<th>Season</th>
<th>Symptomatic Illnesses Estimate</th>
<th>Symptomatic Illnesses 95% U L</th>
<th>Medical Visits Estimate</th>
<th>Medical Visits 95% U L</th>
<th>Hospitalizations Estimate</th>
<th>Hospitalizations 95% U L</th>
<th>Deaths Estimate</th>
<th>Deaths 95% U L</th>
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<td>29,000,000</td>
<td>(25,000,000 – 40,000,000)</td>
<td>17,000,000</td>
<td>(11,500,000 – 18,500,000)</td>
<td>380,000</td>
<td>(300,000 – 66,000)</td>
<td>28,000</td>
<td>(19,000 – 97,000)</td>
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<td>2019-2020</td>
<td>36,000,000</td>
<td>(29,000,000 – 71,000,000)</td>
<td>16,000,000</td>
<td>(13,000,000 – 32,000,000)</td>
<td>390,000</td>
<td>(313,000 – 750,000)</td>
<td>25,000</td>
<td>(18,000 – 79,000)</td>
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<td><strong>Preliminary estimates</strong></td>
<td><strong>2021-2022</strong></td>
<td><strong>9,000,000</strong></td>
<td><strong>4,000,000</strong></td>
<td><strong>(3,600,000 – 3,300,000)</strong></td>
<td><strong>100,000</strong></td>
<td><strong>(82,000 – 176,000)</strong></td>
<td><strong>5,000</strong></td>
<td><strong>(3,700 – 20,000)</strong></td>
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**Estimates are not available for the 2021-2022 flu season due to minimal influenza activity**
Influenza

Figure 1. Flu Vaccination Coverage by Age Group, Children 6 months—17 years, United States, 2010–2023

Data Source: National Immunization Survey-Flu (NIS-Flu)
Error bars represent 95% confidence intervals around the estimates.
Influenza

Figure 2. Flu Vaccination Coverage by State, Children 6 months—17 years, United States, 2022–23 Season

Data Source: National Immunization Survey-Flu (NIS-Flu)
Error bars represent 95% confidence intervals around the estimates.
Why are you important for this?

Figure 5. Place of Flu Vaccination, Children 6 months–17 years, United States, 2018–2023

Data Source: National Immunization Survey-Flu (NIS-Flu)
Influenza

Figure 6. Flu Vaccination Coverage by Age Group, Adults 18 years and older, United States, 2010–2023

Data Source: Behavioral Risk Factor Surveillance System (BRFSS)
Error bars represent 95% confidence intervals around the estimates.

U.S. Flu Vaccination Coverage 2022-2023
Influenza

Figure 7. Flu Vaccination Coverage by State, Adults 18 years and older, United States, 2022–23 Season

Data Source: Behavioral Risk Factor Surveillance System (BRFSS)
Error bars represent 95% confidence intervals around the estimates.
Coverage estimates for Kentucky, North Dakota, and Pennsylvania were 35.8%, 38.2%, and 53.5%, respectively, but are excluded from the figure because these estimates represent vaccinations only through November 2022.

U.S. Flu Vaccination Coverage 2022-2023
Influenza

When to get vaccinated:

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Influenza: Who?

Everyone 6 months and older in the United States should get an influenza (flu) vaccine every season with rare exceptions.

- < 65 y/o : ANY ONE IS GOOD!
  - MANY OPTIONS: Influenza Vaccination: A Summary for Clinicians
  - Just remember that with pediatric patients they will need the first season 2 doses (1 month after)

- > 65 y/o
  - Fluzone High-Dose Quadrivalent vaccine, Flublok Quadrivalent vaccine and Fluvad Quadrivalent adjuvanted flu vaccine.
COVID: What’s New?

United States of America Situation

103,436,829
confirmed cases

1,127,152
deaths

Source: World Health Organization
Data may be incomplete for the current day or week.
COVID: What’s New?
COVID-19: What’s New?

Vaccines
• Critical to decreasing hospitalization and mortality
• 2023-2024 updated COVID-19 vaccine

Treatments
• Access to antivirals, combined with hybrid immunity, can improve outcomes this season
COVID-19: Who and When?

a) 2 Months after your last vaccine
b) After recovery from COVID-19
c) Anybody after 6 months of age
COVID-19: Who and When?
COVID-19: Still a lot of misinformation out there

Infodemiology.com is a new resource to help you monitor and respond to trending vaccine-related narratives.

INSIGHTS — OCTOBER 13, 2023

NFL stars prompt widespread vaccine conversation and calls for debate

Several weeks ago, NFL star Travis Kelce was featured in a Pfizer commercial for the updated COVID-19 vaccine. Media personalities claimed Kelce was “leading people to their slaughter” by promoting the vaccine. Another NFL star, Aaron Rodgers, mocked Kelce on a popular football show, advocating against the COVID-19 vaccine and calling Kelce “Mr. Pfizer.” Kelce addressed the comments, stating that he stands by promoting the vaccine. Rodgers has publicly called for Kelce to debate him about the safety of the COVID-19 vaccine on television. Social media users are sharing widespread criticism of each player.

• Be prepared to continue answering questions about safety and efficacy.
• Talking points may emphasize that the benefits of vaccination outweigh the risks for all age groups.
• Say that staying up to date on COVID-19 vaccines prevents severe illness and death.
RSV: The new thing in town
Why RSV?

• Respiratory Syncytial Virus (RSV) poses a significant health burden in the United States each year, particularly affecting vulnerable populations like children under 5 years old and adults aged 65 and older.

• The data shows that RSV leads to approximately 2.1 million outpatient visits among children under 5, indicating the widespread impact of the virus on this age group.

• Additionally, RSV causes between 58,000 to 80,000 hospitalizations in children under 5 years old, underlining the severity of the illness.
Why RSV?

• For adults aged 65 years and older, RSV is responsible for **60,000 to 160,000 hospitalizations annually**, signifying the importance of monitoring and managing the virus in this age group.

• Furthermore, RSV-related deaths in this older population range from 6,000 to 10,000, underscoring the **potential lethality of the virus among older adults**.
Why RSV?

• While RSV-related deaths are relatively rare among children under 5 years old, they still account for 100 to 300 fatalities annually, highlighting the significance of preventive measures and early detection to protect young children from severe outcomes.
RSV: The new thing in town

Seasonality of Respiratory Syncytial Virus — United States, 2017–2023 (CDC)
Why RSV?
Vaccines?

For adults: This year, for the first time, we have an RSV vaccines for adults older than 60 (Arexvy or Abrysvo) under shared clinical decision making.

For the pediatric population: previously, there was only a monoclonal antibody used for high-risk patients.

FDA has approved and CDC recommends Beyfortus (nirsevimab-alip) for the prevention of Respiratory Syncytial Virus (RSV) lower respiratory tract disease in neonates and infants younger than 8 months born during or entering their first RSV season, and in high-risk children 8 through 19 months in their 2nd RSV season.
To address patients' concerns related to myths and misinformation, use the 3-5-3 method.

**Conversation Methodology**
aka Answering Tough Questions/Having Tough Conversations

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<tr>
<th>3</th>
<th>5</th>
<th>3</th>
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<tbody>
<tr>
<td>Steps to Start the Conversation</td>
<td>Key Messages</td>
<td>Post-Conversation Steps</td>
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</table>
3 Steps to Initiating/Continuing Conversations

1. Ask and listen to the answer
   - “What do you think about the vaccine?”
   - “Why do you feel that way?”
   - “What concerns do you have about the vaccine?”

2. Create an alignment of safety
   - “I would be scared too. Let’s do what’s safe here.”
   - “We both want what's safest for you.”

3. Find common goals
   - “What reasons would motivate you to get vaccinated?”
   - Find their personally motivating reason.
Key Messages

1. It is okay to have questions.
It is okay to get Influenza and COVID protection at the same time.
We are starting the season
1 week of sickness?
Have questions? Please ask.

I am glad you want to know more. Ultimately, the choice is yours. Today or when you’re ready, go to myturn.ca.gov or text your zip code to GETVAX or VACUNA to get your vaccine.
3 Steps to End the Conversation

1. Acknowledge their agency and personal choice
   “I want you to get vaccinated today, but ultimately it’s your choice.”
   “I’m here as a resource to help you.”

2. Keep lines of communication open
   Trust is a journey. Give folks a way to reach you that you are comfortable with as they consider their decision.

3. Offer to find a vaccine
   Offer myturn.ca.gov or have them text their zip code to GETVAX or VACUNA to find a vaccine location in their neighborhood.
Questions

During today's webinar, please use the Q&A panel to ask your questions so CDPH subject matter experts can respond directly.

Resource links will be dropped into, “Chat”
Poll & Resources

Diane Evans, CDPH
Poll: CDPH appreciates your feedback!

How confident are you in your ability to effectively discuss the COVID-19, Flu, and RSV vaccines with patients?

☐ Very confident
☐ Confident
☐ Somewhat confident
☐ Slightly confident
☐ Not confident
Infodemiology.com

- New resource for clinicians and other health care providers.
- **Infodemiology Brief**: Monthly newsletter with reports on trending health narratives and helpful resources. [Sign up.](#)
- **Insights & Dashboards**: Weekly misinformation updates and national and state dashboards with real-time media data.
- **Infodemiology Training Program**: Learn how to identify and respond to trending health narratives. [Join the waitlist for the October launch.](#)

Curated **infodemiology** resources and tools to deliver better care

From the latest research to tailored trainings for doctors and other health care providers, we provide actionable content to help navigate today’s information landscape. Explore our resources.
New COVID-19 vaccine education videos

New COVID-19 education videos tailored for different populations.

Available for sharing from Public Good News, ThisIsOurShot, and VacunateYa.
Videos for immune compromised individuals coming soon.
# CDPH Provider Webinars and Trainings

## Week of October 16, 2023

<table>
<thead>
<tr>
<th>Monday 10/16</th>
<th>Tuesday 10/17</th>
<th>Wednesday 10/18</th>
<th>Thursday 10/19</th>
<th>Friday 10/20</th>
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<tr>
<td><strong>Live Webinars and Training</strong>&lt;br&gt;Nirsevimab Updates and Implementation Guidance and Considerations for RSV&lt;br&gt;12:00 pm – 1:00 pm&lt;br&gt;American Academy of Pediatrics (AAP) Webinar: Nirsevimab Implementation Strategies in Outpatient Pediatric Practices&lt;br&gt;5:00 pm – 6:00 pm</td>
<td><strong>American Academy of Pediatrics (AAP) Webinar: Nirsevimab Implementation Strategies in Outpatient Pediatric Practices</strong>&lt;br&gt;5:00 pm – 6:00 pm</td>
<td><strong>Current Issues in Immunization Webinar</strong>&lt;br&gt;<strong>Clinical Update on the 2023 Respiratory Virus Season</strong>&lt;br&gt;9:00 am – 10:00 am&lt;br&gt;COVID-19 Crucial Conversations Webinar: Talking with Patients about the Fall COVID-19, Flu, and RSV Season&lt;br&gt;12:00 pm – 1:00 pm</td>
<td><strong>Bi-Weekly State General Fund (SGF) Program Office Hours</strong>&lt;br&gt;11:00 am – 11:30 am</td>
<td><strong>CDPH Immunization Updates for Providers</strong>&lt;br&gt;9:00 am – 10:30 am</td>
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<th><strong>View On Demand</strong></th>
<th><strong>myCAvax Release Notes for LHJs and CDPH Users</strong>&lt;br&gt;(Requires myCAvax Login)</th>
<th><strong>Latest Features in myCAvax for Providers</strong>&lt;br&gt;(Requires myCAvax Login)</th>
<th><strong>Moderna COVID-19 Vaccine Resources for Providers</strong></th>
<th><strong>CDC COVID-19 Vaccine Webinar Series</strong>&lt;br&gt;<strong>California Immunization Coalition COVID Conversation Series</strong>&lt;br&gt;<strong>AIM Vaccine Confidence Toolkit Webinar Series</strong></th>
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<tr>
<td>• Intro to My Turn Onboarding&lt;br&gt;(v. 1/4/22)</td>
<td>• COVID-19 Crucial Conversations Archived Webinars and Slides</td>
<td>• COVID-19 Crucial Conversations Archived Webinars and Slides</td>
<td>• Moderna COVID-19 Vaccine Resources for Providers</td>
<td><strong>Mpox</strong>&lt;br&gt;Email: <a href="mailto:stdcb@cdph.ca.gov">stdcb@cdph.ca.gov</a>&lt;br&gt;General Website: Mpox Website&lt;br&gt;Vaccines: Mpox Vaccines Website</td>
</tr>
<tr>
<td>• CDPH Weekly Provider Webinars Archived Recordings and Slides</td>
<td>• Latest Features in myCAvax for Providers (Requires myCAvax Login)</td>
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### Help

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<tr>
<th>Help Desk</th>
<th>General</th>
<th>Mpox</th>
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<tr>
<td>myCAvax Help Desk Email: <a href="mailto:mycavax.hd@cdph.ca.gov">mycavax.hd@cdph.ca.gov</a></td>
<td>CDPH Provider Call Center: 1-833-502-1245, 8am-5pm, Mon-Fri&lt;br&gt;Email: <a href="mailto:providercallcenter@cdph.ca.gov">providercallcenter@cdph.ca.gov</a></td>
<td>Email: <a href="mailto:stdcb@cdph.ca.gov">stdcb@cdph.ca.gov</a>&lt;br&gt;General Website: Mpox Website&lt;br&gt;Vaccines: Mpox Vaccines Website</td>
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<td>My Turn Help Desk Email: <a href="mailto:myturn.clinic.hd@cdph.ca.gov">myturn.clinic.hd@cdph.ca.gov</a></td>
<td>Vaccines: COVID-19 Vaccines&lt;br&gt;Therapeutics: COVID-19 Therapeutics</td>
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<td>My Turn Onboarding Email: <a href="mailto:myturnonboarding@cdph.ca.gov">myturnonboarding@cdph.ca.gov</a></td>
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Calendar Subject to Change<br>Last Updated: 10/13/23
Digital Vaccine Record

- To access their DVR, patients should visit the Digital Vaccine Record (DVR) portal (myvaccinerecord.cdph.ca.gov)
- Flyers are also available in Arabic, Simplified Chinese and Traditional Chinese, Korean, Tagalog and Vietnamese.
- The DVR request form is also available in the languages listed above to support easy communication. Records are also printable in these languages! See our DVR FAQs for more information.
Updated COVID-19 Resources

• **Jump links** to navigate to specific topics
• **Vaccine Ordering & Manufacturer Info webpage** (private & public vaccines)
• **Vaccine Information Statements** to be published this fall; what to do in the interim!
• **Novavax resources** updated for 2023-24 formula!

**Novavax (2023-24 COVID-19 Vaccine, Adjuvanted)**
- Authorization under EUA for 12Y+: [Fact Sheet for HCPs](#) | [Fact Sheet for Recipients & Caregivers](#) | [Novavax COVID-19 Vaccine (FDA)](#)
- Websites: [Manufacturer](#) | [CDC Resources (coming soon)](#)

![COVID-19 Vaccine Resources](image)
COVID-19 Vaccine Provider FAQs

- Answers to provider questions
- Updated 10/13/2023
- Currently in its 133rd iteration!

Q: Which COVID-19 vaccines are recommended for use by the CDC?
A: In addition to the Moderna and Pfizer vaccines, CDC’s Interim Clinical Considerations for the Use of COVID-19 Vaccines was recently updated to include Novavax information.

Q: When will the updated Novavax COVID-19 vaccine be available for ordering?
A: The updated Novavax COVID-19 vaccine is now available for ordering through myCAvax for Bridge Access Program (BAP) providers and through myVFcvaccines for Vaccines for Children (VFC) providers.
COVID-19 Vaccine Support

Provider Call Center
Dedicated to medical providers and Local Health Departments in California, specifically addressing questions about State program requirements, enrollment, and vaccine distribution.
• For myCAvax Help Desk inquiries: myCAvax.hd@cdph.ca.gov
• For My Turn Clinic Help Desk inquiries: MyTurn.Clinic.HD@cdph.ca.gov
• For all other inquiries: providercallcenter@cdph.ca.gov
• Phone: (833) 502-1245, Monday through Friday from 8AM–5PM

myCAvax
• Virtual Assistant resolves many questions but will direct you to the Provider Call Center queue for live assistance!
• Knowledge Center houses key job aids and videos that are updated every release. Once logged in, you can access job aids from the myCAvax homepage (or at various places throughout the system) using the links as shown below.

Help
View our jobs aids in the Knowledge Center, or contact us.
Updated COVID-19 Vaccine Timing Guide 2023-2024
COVID-19 Vaccine Product Guide - Updated

Check vaccine labels and FDA materials before use to avoid mix-ups. Each fact sheet displays extensive information on each vaccine. Refer to CDC Product Guide for more information.

**COVID-19 Vaccine Resources on EZIZ.org**

- **COVID-19 Vaccine Guide**
- **COVID-19 Vaccine Guide**
- **COVID-19 Vaccine Guide**

**Do Not Use Deauthorized Products:**
Use only COVID-19 vaccine products updated for 2021-24.

**Infants/Toddlers 6 months-2 years**
- Pfizer
- Moderna
- Novavax

**Children 2-11 years**
- Pfizer
- Moderna
- Novavax

**Adults 18+ years**
- Pfizer
- Moderna
- Novavax

*For children under 12 years of age, only Pfizer and Moderna vaccines are approved.

California Department of Public Health, Immunization Branch

COVID-19 Vaccine Guide

COVID-19 Vaccine Guide

COVID-19 Vaccine Guide
### Immunization Timing 2023

**Suggested schedule to meet recommendations on time. Refer to web version.**

#### 6 months – 18+ years

<table>
<thead>
<tr>
<th>Age</th>
<th>2 months</th>
<th>4 months</th>
<th>6 months</th>
<th>12 months</th>
<th>15 months</th>
<th>18 months</th>
</tr>
</thead>
<tbody>
<tr>
<td>DTaP</td>
<td>1-2 months</td>
<td>1-2 months</td>
<td>1-2 months</td>
<td>DTaP</td>
<td>1-2 months</td>
<td>DTaP 12</td>
</tr>
<tr>
<td>Diphtheria, Tetanus, Pertussis</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>6-12 months</td>
</tr>
<tr>
<td>Polio</td>
<td>1-2 months</td>
<td>1-2 months</td>
<td>1-2 months</td>
<td>Polio</td>
<td>1-2 months</td>
<td>HepA</td>
</tr>
<tr>
<td>(IPV)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>(age: 12-23 months)</td>
</tr>
<tr>
<td>HepB ^1</td>
<td>1-2 months</td>
<td>1-2 months</td>
<td>2-12 months</td>
<td>HepB ^1</td>
<td>2-12 months</td>
<td>Varicella</td>
</tr>
<tr>
<td>(age: 1-2 months)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>(age: 12-15 months)</td>
</tr>
<tr>
<td>Hib</td>
<td>1-2 months</td>
<td>1-2 months</td>
<td>1-2 months</td>
<td>Hib</td>
<td>2-12 months</td>
<td>Hib</td>
</tr>
<tr>
<td>(Hib meningitis)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>(age: 12-15 months)</td>
</tr>
<tr>
<td>PCV</td>
<td>1-2 months</td>
<td>1-2 months</td>
<td>1-2 months</td>
<td>PCV</td>
<td>1-2 months</td>
<td>PCV</td>
</tr>
<tr>
<td>(Pneumonia)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>6-8 weeks</td>
</tr>
<tr>
<td>RV ^4</td>
<td>4-10 weeks</td>
<td>4-10 weeks</td>
<td>if RotaTeq used for doses 1 or 2</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**COVID-19 vaccine(s) ^1**

**Flu vaccine, every fall ^1**

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This is a suggested schedule. For alternatives and details, including additional recommendations for high-risk children, consult the Recommended Child and Adolescent Immunization Schedule for ages 18 years or younger, United States, 2023.
New RSV Resources Webpage

- RSV FAQs
- Nirsevimab Timing Guide
- CDC Clinical Recommendations
- Patient Resources
Stay Healthy this Virus Season

6 Tips for Staying Healthy this Virus Season

Reduce your risk of catching and spreading respiratory viruses like flu, COVID-19 and RSV.

Stay Up to Date on Vaccines
Vaccines are the best protection against severe illness. Visit MyVaccines.gov to schedule your vaccines or contact your health care provider.
- Flu and COVID-19 vaccines are available for everyone 6 months and older.
- RSV immunizations are available for infants and some young children, pregnant people and adults 60 years and older.

Stay Home if You’re Sick
Stay home and away from others if you have any symptoms of flu, COVID-19, or RSV.

Test and Treat
Test for COVID-19 and flu if you have symptoms. If you test positive, contact your health care provider and ask about medications. Medications work best when started right after symptoms begin. Lean more about COVID-19 treatments.

Consider Wearing a Mask
Consider wearing a mask in public indoor or crowded spaces especially if you or your family is at higher risk for severe illness.

Wash Your Hands
Wash your hands often, with soap and warm water, for at least 20 seconds. If soap and water are not available, use a hand sanitizer with at least 60% alcohol.

Cover Your Cough or Sneeze
Cough or sneeze into your elbow, arm, or a disposable tissue. Make sure to wash your hands or sanitize and dispose of your tissue after.

Scan the QR code to see interactive links on this flyer

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Winter Virus Tip Sheet (CDPH)

Fall-Winter 2023-24 Immunizations Infographic (CDPH)
Upcoming Webinar Opportunities

CDPH Immunization Updates for Providers
Next session: Friday, October 20, 2023
9AM – 10:30AM
Special Thanks to
Today's Presenter:
Ilan Shapiro, MD

Webinar Planning & Support:
Billie Dawn Greenblatt, Michael Fortunka, Charles Roberts, Diane Evans, Tyler Janzen, and Laura Lagunez-Ndereba