

IN THESE TIMES, EVERYONE COULD USE A BOOST



**BOOST YOUR
PHYSICAL HEALTH**



**BOOST YOUR
SOCIAL HEALTH**



**BOOST YOUR PROTECTION
AGAINST COVID-19 NOW**

COVID-19 vaccines **work very well** at preventing severe illness, hospitalization, and death. Booster shots are extra doses that help maximize your protection against COVID-19.

Adults who are 50 and older or immunocompromised need a **second booster** of the vaccines made by Pfizer or Moderna at least 4 months after the first booster of any COVID-19 vaccine. COVID-19 vaccines and boosters are **safe, effective, and free**.

DON'T WAIT, VACCINATE!

Three ways to find free vaccines near you

- ✓ Visit [vaccines.gov](https://www.vaccines.gov) to find a walk-up site.
- ✓ Book an appointment on [My Turn](https://myturn.ca.gov) (myturn.ca.gov) or call (833) 422-4255.
- ✓ Check with your doctor, nurse or local pharmacy.

BOOST YOUR HEALTH.

GET YOUR COVID-19 VACCINE BOOSTER TODAY.