FACEBOOK & TWITTER FLU AND TDAP SOCIAL MEDIA MESSAGES

• Flu season is here! It’s time to get your flu shot. Find a flu clinic location near you. http://flushot.healthmap.org/ #fluvax

• Everyone 6 months of age and older needs to get the flu vaccine each year. Find a flu clinic near you, http://flushot.healthmap.org/ #fluvax

• Don’t wait to vaccinate! The flu vaccine can take two weeks to give full protection. Find a flu clinic near you, http://flushot.healthmap.org/ #fluvax

• Everyone 6 months and older: Get your flu vaccine! Don’t wait to vaccinate. Flu season is here! Find a flu clinic near you, http://flushot.healthmap.org/ #fluvax

• Remember to always wash your hands while using soap and water for 20 seconds (sing Happy Birthday as you wash!) to keep yourself healthy. #SayNo2Flu

• Expecting? Protect your baby from #flu by getting vaccinated. http://www.cdph.ca.gov/HealthInfo/discond/Pages/Influenza(Flu).aspx

• Expecting? Doctors recommend #Tdap vaccine in your 3rd trimester and #flu vaccine ASAP. Your baby counts on you for protection!

Messages for Facebook Only:

• Parents & caretakers need a flu vaccination to help protect high-risk children and infants who are too young to get a flu vaccine. Find a flu clinic near you, http://flushot.healthmap.org/ #fluvax

• Flu seasons are unpredictable and can begin as early as October. Everyone 6 months and older should get the flu vaccine each season. Find a flu clinic near you, http://flushot.healthmap.org/ #fluvax

• Flu vaccine is recommended for pregnant women to protect them and their babies. Talk to your health care provider about getting vaccinated. For more information about the flu, visit http://www.cdph.ca.gov/HealthInfo/discond/Pages/Influenza(Flu).aspx.

• Expecting? Protect yourself and your baby by getting flu vaccine now and Tdap in the 3rd trimester of every pregnancy. Talk to your doctor about getting vaccinated today! To learn more, visit www.PregnancyShotsCA.org.