Get 2-doses of the Shingles Vaccine (Shingrix®)

What are the benefits of getting the Shingles Vaccine?

• It is the best way to prevent shingles (a painful rash that can cause long-term nerve pain).
• It is 90% effective at preventing shingles, even in people who had shingles before.

Who should get the vaccine?

CDC recommends 2 doses of the vaccine, 2-6 months apart for:
• Ages 50 years and older.
• Ages 19-49 years with a weakened immune system.

Is Shingrix® covered by my health plan?

Shingrix® is covered by most private insurance, Medicare Part D, and Medi-Cal. Call your plan to confirm coverage or fees.

What should I expect after my shot?

Commonly, people have a sore arm or swelling where the shot was given. Some people have fatigue, headache, stomach ache, or nausea for a few days or less.

For more information, talk to your healthcare provider or visit CDC.gov/shingles/vaccination.html

Jim’s Story

He said it felt like someone was stabbing him....

—wife of shingles survivor, Jim. See full “A Shingles Story” at ShotByShot.org

Ask your doctor or pharmacist for the shingles shot today!