What is Shingles?

• Shingles is a painful rash that can cause long-term nerve pain.
• 1 out of 3 people in the U.S. will get shingles. Your risk goes up as you age.
• Serious complications include pain that can last for months.

Get 2-doses of the New Shingles Vaccine (Shingrix®)

I got another shingles vaccine before 2018. Do I need the new vaccine?
Yes! It’s over 90% effective in preventing shingles.

I had shingles already. Do I still need this shot?
Yes! The vaccine can prevent shingles from happening again.

How many shots of the new vaccine do I need?
Two. Come back for the 2nd shot 2-6 months after the first.

Is Shingrix® covered by my health plan?
Shingrix® is covered by most private insurance, Medicare Part D, and Medi-Cal. Call your plan to confirm coverage or fees.

What should I expect after my shot?
Commonly, people have a sore arm or swelling where the shot was given. Some people have fatigue, headache, stomach ache, or nausea for a few days or less.

For more information, visit CDC.gov/vaccines/shingles

Jim’s Story

We’ve been to multiple emergency room visits, multiple eye specialists… and it’s going on four years.

—Jim, shingles survivor.
See full “A Shingles Story” at ShotByShot.org

Ask your doctor or pharmacist for the new shingles shot today!