Get 2-doses of the New Shingles Vaccine (Shingrix®)

What are the benefits of getting the Shingles Vaccine?

- It is the best way to prevent shingles (a painful rash that can cause long-term nerve pain).
- It is 90% effective at preventing shingles, even in people who had shingles before.

Who should get the vaccine?

CDC recommends 2 doses of the vaccine, 2-6 months apart for:

- Ages 50 years and older.
- Ages 19-49 years with a weakened immune system.

Is Shingrix® covered by my health plan?

Shingrix® is covered by most private insurance, Medicare Part D, and Medi-Cal. Call your plan to confirm coverage or fees.

What should I expect after my shot?

Commonly, people have a sore arm or swelling where the shot was given. Some people have fatigue, headache, stomach ache, or nausea for a few days or less.

For more information, talk to your healthcare provider or visit CDC.gov/shingles/vaccination.html