

TO: EZIZ Users
FROM: CDPH
SUBJECT: Health Care Workers Need Flu Vaccine Too
DATE: 10/12/18

Health Care Workers Need Flu Vaccinations, Too!

Whether you're seeing patients, managing the front desk or performing other vital duties, as a health care worker you have a big stake in protecting yourself, patients and co-workers from contagious diseases. Getting a flu vaccination is an easy way to lower your risk of catching the flu or - even worse - accidentally transmitting the flu to your patients, including those at risk of hospitalization or death.

Set an example by getting vaccinated.

Everyone over 6 months of age is recommended to get a flu vaccination. Do it to protect yourself, your family, your patients, and your practice. Getting vaccinated also sends an important message to patients: I got my flu vaccine—you should, too!

Some California counties have mandatory masking policies for health care workers in certain types of facilities. Check to see if your [local health department](#) requires a mask if you are not vaccinated against flu.

Consider posting one of these posters at your clinic/practice

- [If You Work in a Healthcare Setting, Get Your Flu Vaccine](#)

[The Flu Ends with U](#) flyer for health care providers | [Spanish](#) (CDC)



Marty's Story

Marty was always healthy and never thought he needed a flu shot. Then out of the blue he got sick. Marty's flu landed him in a coma, with multiple surgeries needed to save his life.

Read more personal stories at [Shotbyshot](#).

Visit the CDC's webpages for additional information

- [Influenza Vaccination Information for Health Care Workers](#)
- [Seasonal Influenza \(flu\) Information for Health Professionals](#)

