TO: EZIZ Users
FROM: CDPH
SUBJECT: Health Care Workers Need Flu Vaccine Too
DATE: 10/12/18

Health Care Workers Need Flu Vaccinations, Too!

Whether you’re seeing patients, managing the front desk or performing other vital duties, as a health care worker you have a big stake in protecting yourself, patients and co-workers from contagious diseases. Getting a flu vaccination is an easy way to lower your risk of catching the flu or - even worse - accidentally transmitting the flu to your patients, including those at risk of hospitalization or death.

Set an example by getting vaccinated.

Everyone over 6 months of age is recommended to get a flu vaccination. Do it to protect yourself, your family, your patients, and your practice. Getting vaccinated also sends an important message to patients: I got my flu vaccine—you should, too!

Some California counties have mandatory masking policies for health care workers in certain types of facilities. Check to see if your local health department requires a mask if you are not vaccinated against flu.

Consider posting one of these posters at your clinic/practice

- If You Work in a Healthcare Setting, Get Your Flu Vaccine

The Flu Ends with U flyer for health care providers | Spanish (CDC)

Marty’s Story

Marty was always healthy and never thought he needed a flu shot. Then out of the blue he got sick. Marty’s flu landed him in a coma, with multiple surgeries needed to save his life.

Read more personal stories at Shotbyshot.

Visit the CDC’s webpages for additional information

- Influenza Vaccination Information for Health Care Workers
- Seasonal Influenza (flu) Information for Health Professionals