



## Sunday is Mother's Day!

An Important Reminder to Protect Moms and Their Babies.

We need to continue to protect our most vulnerable: infants and their mothers. [ACOG](#), [CDC](#), and CDPH agree that maternal immunizations continue being an essential component of prenatal care during COVID-19. All pregnant women should receive:

- A **Tdap** (tetanus, diphtheria, pertussis) immunization at the earliest opportunity between 27-36 weeks gestation of every pregnancy
- A **flu** shot at any time during their pregnancy

The protection mothers receive from these shots passes on to their babies and helps protect newborns too young to be immunized. We urge you to continue prioritizing immunizations during your prenatal visits.

Make sure your strong recommendation includes:

- **Your personal recommendation.** “As your physician/nurse, I recommend you get the whooping cough vaccine.
- **A timeframe.** “Now that you're in the third trimester, it's time to get the shot! Let's make sure you get it before you leave today.”
- **The benefit.** “There's no vaccine against COVID-19 yet, but luckily we have one against whooping cough. This shot will protect your baby against whooping cough, a disease that makes babies gasp for air, turn blue and sometimes die.”

Distribute patient education materials:

- Pregnancy brochure in [English](#) and [Spanish](#)

- Flyer with frequently asked questions in [English](#) and [Spanish](#).

Thank you for your continued efforts to protect moms and their babies. Happy Mother's Day to all of the amazing mothers out there!

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