







2022-23 Annual Influenza Season

California Department of Public Health Immunization Branch

September 7th, 2022









Housekeeping

Reminder to Panelists:

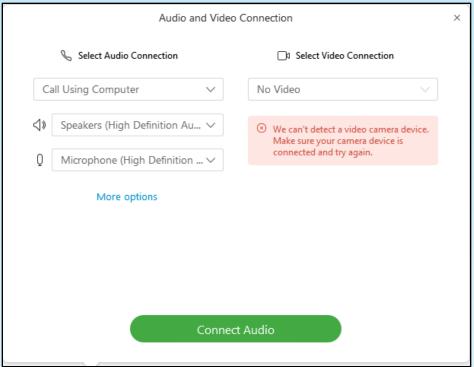
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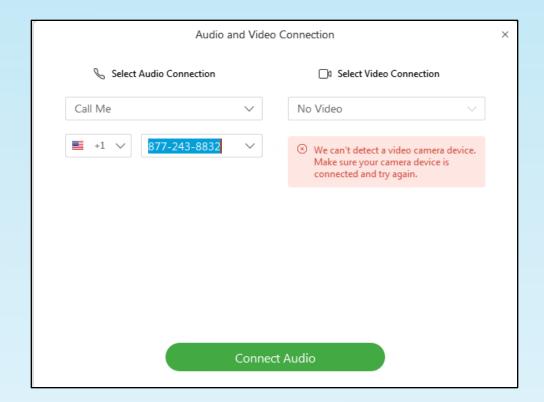


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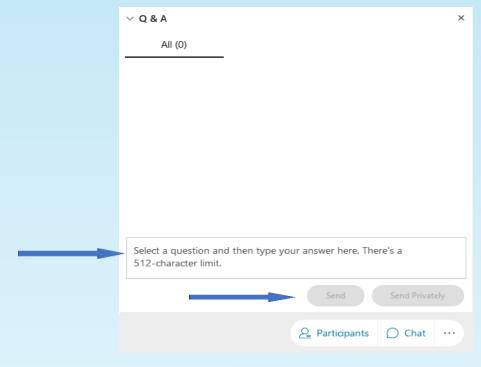






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Afternoon TEAch

webpage: https://eziz.org/resources/afternoon

-teach/

Our Presenters Today

From the CDPH Immunization Branch

Cora Hoover, MD, Vaccine Preventable Disease Epidemiology & Control Section Chief
Nisha Gandhi, MPH, Adult Immunization Coordinator
Michele Barkus, MPH, CDC Public Health Advisor
Terisha Gamboa, MPH, CHES, Health Educator
Steven Vantine, Educational Consultant

Your Host:

Edgar Ednacot, EdD, MPH, Information and Education Section Chief









Objectives for Today's Webinar:

After this presentation, providers should be able to:

- 1. Discuss the recommendations for influenza vaccination, including the updated recommendations for adults 65 years and older.
- 2. Discuss the benefits of influenza vaccination.
- 3. Know how to access resources for promoting influenza vaccination.









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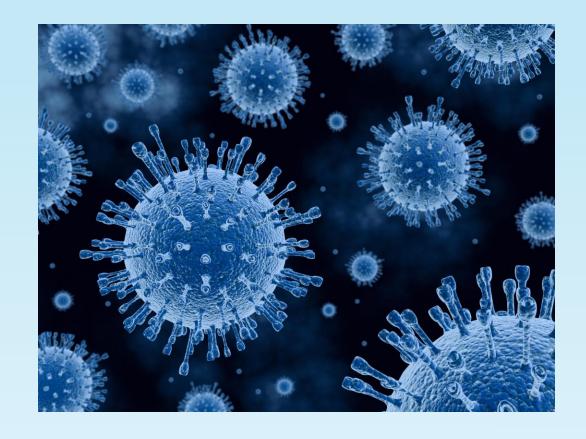






Influenza – Disease Burden

Cora Hoover, MD, MPH



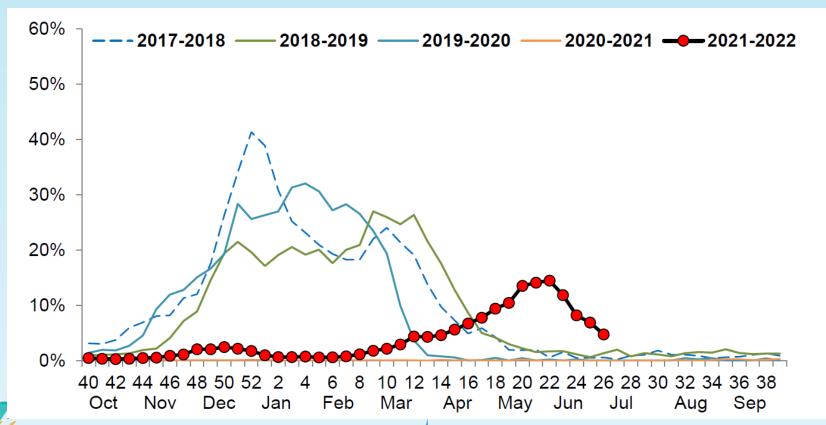








Percentage of Influenza Detections at Clinical Sentinel Laboratories in CA, 2017–2022

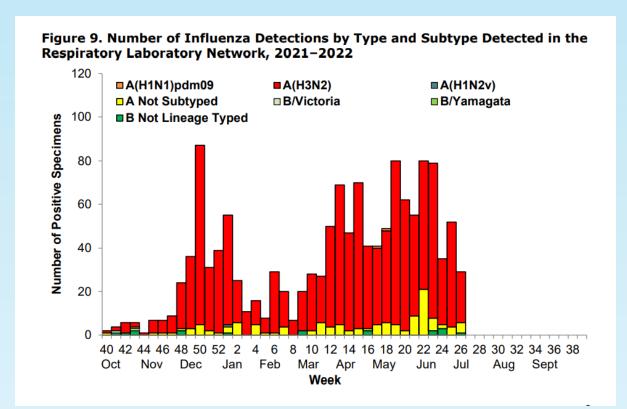








Influenza Lab Surveillance – California (2021-22 Season)



- Data obtained from California Sentinel Laboratory Providers
- More information can be found at: <u>California Influenza and</u> Respiratory Disease Surveillance

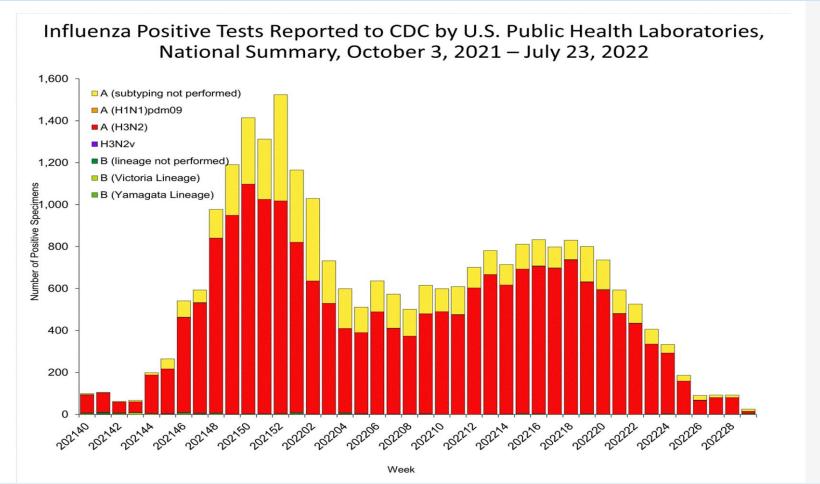








Influenza Surveillance (2021-22 Season)











Influenza Season: 2021-22 Burden Estimates

CDC estimates* that, from **October 1, 2021** through **June 11, 2022**, there have been:

8,000,000 – 13,000,000 flu illnesses



3,700,000 – 6,100,000 flu medical visits

82,000 – 170,000 flu hospitalizations



5,000 – 14,000 flu **deaths**











Impact of the COVID-19 Pandemic on Influenza Vaccination Rates

Steven Vantine, Educational Consultant



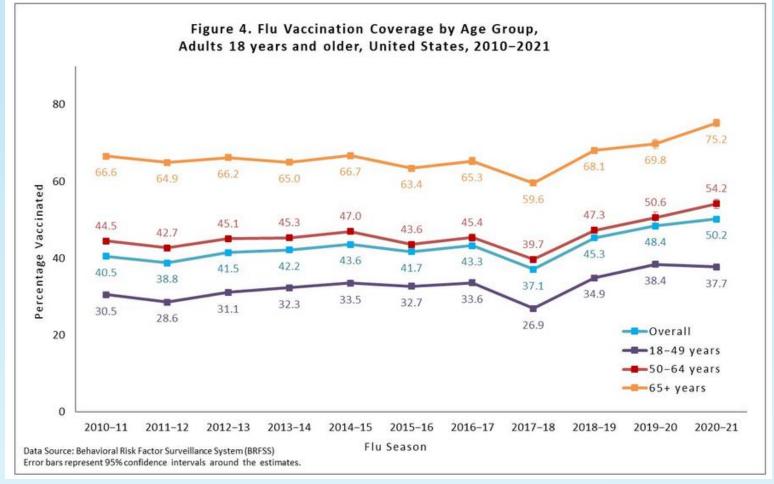








Influenza Vaccination Coverage: Adults



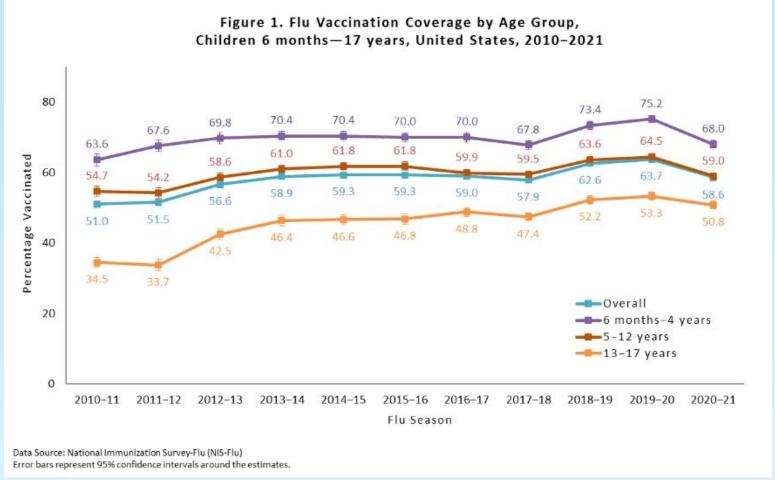








Influenza Vaccination Coverage: Children











Flu Vaccination During COVID-19 Pandemic

- Overall flu vaccination uptake for the 2020-21 and 2021-22 flu seasons seems to be comparable to, or slightly higher than, prepandemic seasons.
 - Coverage increased among adults and decreased among children.
- According to CDPH Immunization Registry (CAIR2) data, during the pandemic more people got their flu vaccine in pharmacies than medical offices.
- There appear to be many missed opportunities for COVID-19/flu vaccine co-administration.









2019-20 Influenza Season: Burden Averted by Vaccination

During the 2019-2020 season, nearly **52%** of the U.S. population aged 6 months and older received an influenza vaccine and this **PREVENTED** an estimated:



7.5M

illnesses



105K

hospitalizations



6,300

deaths

About the same as the population of the Bay Area Enough people to fill both Oracle
Park and the
Oakland Coliseum

Equivalent to saving about 17 lives per day over the course of a year











2022-23 Seasonal Influenza Recommendations

Cora Hoover, MD, MPH

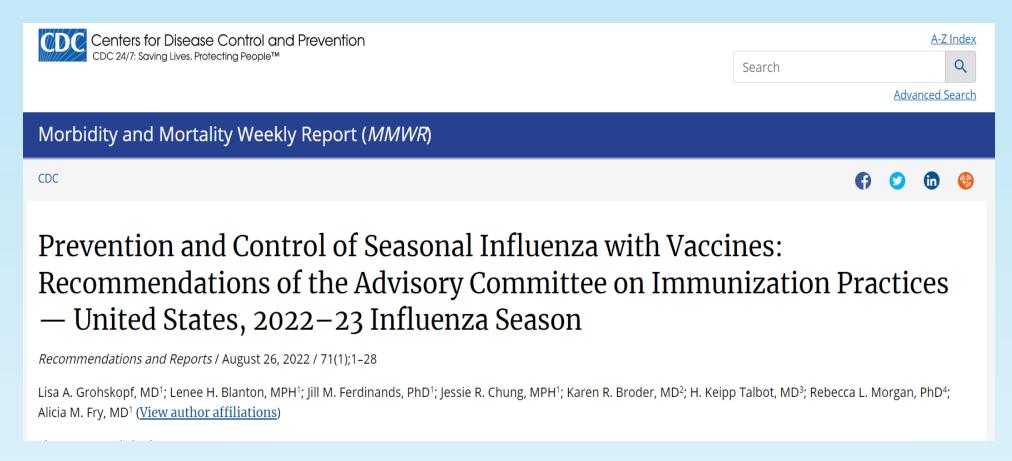








2022-23 Seasonal Influenza Recommendations



<u>Prevention and Control of Seasonal Influenza with Vaccines: Recommendations of the Advisory Committee on Immunization Practices — United States, 2022–23 Influenza Season | MMWR (cdc.gov)</u>









New ≥65-year Preferential Recommendation

ACIP approved the following recommendations by majority vote at its June 22-23, 2022 meeting:

- Adults aged ≥65 years should preferentially receive one of the following influenza vaccines:
 - ✓ Quadrivalent high-dose inactivated influenza vaccine (HD-IIV4),
 - ✓ Quadrivalent recombinant influenza vaccine (RIV4), or
 - ✓ Quadrivalent adjuvanted inactivated influenza vaccine (aIIV4).
- If none of these three vaccines is available at an opportunity for vaccine administration, then any other age-appropriate influenza vaccine should be used.









New ≥65-year Preferential Recommendation

What are the higher dose and adjuvanted influenza vaccines?

- Fluzone High-Dose Quadrivalent (HD-IIV4): contains 4x the hemagluttinin (HA) dose/virus than standard dose vaccines (SD-IIV's)
- Flublok Quadrivalent (RIV4): recombinant vaccine which contains 3x the HA dose/virus than SD-IIV's
- Fluad Quadrivalent (allV4): contains the adjuvant MF59









New ≥65-year Preferential Recommendation

What is the evidence for the preferential recommendation?

- Effectiveness
 - Evidence favors HD-IIV in preventing influenza illness, outpatient visits, hospitalization, and death.
 - o For influenza hospitalizations, evidence favors HD-IIV, RIV, and allV, though extent of evidence varies.
- Safety
 - Each vaccine has demonstrated safety in prelicensure trials.
 - Increased frequency of some reactogenicity events in some studies of HD-IIV and allV, but most were mild or moderate.









2022-23 Seasonal Influenza Vaccine Composition

- Recommendations for the composition of Northern Hemisphere influenza vaccines are made by the World Health Organization (WHO).
 - WHO organizes a consultation, generally in February of each year.
 - Surveillance data are reviewed, and candidate vaccine viruses are discussed.
 - Information concerning the WHO meeting and selection of the 2022–23 Northern Hemisphere vaccine viruses is available at: Recommendations announced for influenza vaccine composition for the 2022-23 northern hemisphere influenza season (who.int).
 - •After WHO decisions are made, FDA decides on U.S. vaccine composition.









2022-23 Influenza Vaccine Composition

Quadrivalent vaccines for use in the 2022-2023 influenza season contain the following:

Egg-based vaccines:

- an A/Victoria/2570/2019 (H1N1)pdm09-like virus;
- an A/Darwin/9/2021 (H3N2)-like virus*;
- a B/Austria/1359417/2021 (B/Victoria lineage)-like virus*; and
- a B/Phuket/3073/2013 (B/Yamagata lineage)-like virus.

Cell culture- or recombinant-based vaccines:

- an A/Wisconsin/588/2019 (H1N1)pdm09-like virus;
- an A/Darwin/6/2021 (H3N2)-like virus*;
- a B/Austria/1359417/2021 (B/Victoria lineage)-like virus*; and
- a B/Phuket/3073/2013 (B/Yamagata lineage)-like virus.









* Updated strains from prior year

Co-administration with COVID-19 Vaccine

Steven Vantine, Educational Consultant











Co-administration of COVID-19 Vaccines with Other Vaccines

- Routine administration of all age-appropriate doses of vaccines simultaneously is <u>recommended as best practice</u>.
- Extensive experience with non-COVID 19 vaccines shows that immunogenicity and adverse event profiles are similar when vaccines are administered simultaneously as when they are administered alone.
- Providers should offer all vaccines for which a person is eligible at the same visit.

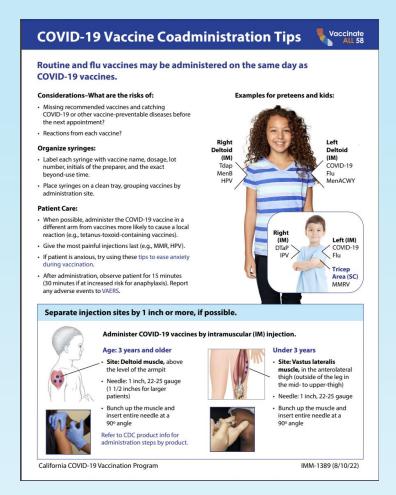
See <u>CDC Best Practices</u> resource for multiple injections.











Link to Job Aid

<u>CDC Interim Clinical Considerations for Use of COVID-19 Vaccines:</u>
Co-administration

Co-administration of Influenza with COVID-19 Vaccines

- Providers should offer influenza and COVID-19 vaccines at the same visit, if eligible.
 - This includes adjuvanted or high-dose influenza vaccines; administer in separate limbs.
- With both influenza and SARS-CoV-2 circulating, getting both vaccines is important for prevention of severe disease, hospitalization, and death.
- Getting both vaccines at the same visit increases the chance that a person will be up to date with their vaccinations.

See <u>CDC Best Practices</u> resource for multiple injections.









Importance of Flu Vaccination in Children

Cora Hoover, MD, MPH





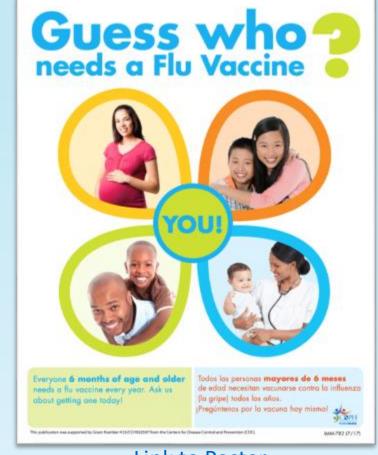






Who Should Get Flu Vaccine?

- All persons aged ≥6 months who do not have contraindications should receive a seasonal flu vaccine.
- ACIP makes no preferential recommendation for a specific influenza vaccine for persons under the age of 65.













Vaccination of Children 6 mos. – 8 years of Age

- Children 6 months of age and older are recommended to get an annual influenza vaccine.
- Children younger than 5 years old—especially those younger than 2— are at higher risk of developing serious <u>influenza-related</u> <u>complications</u>.
- Children can get vaccinated as soon as vaccines becomes available—even if this is in July or August.
- <u>Children 6 months to 8 years of age receiving their first influenza</u>
 <u>vaccine</u>, or who have not previously received 2 or more
 doses, <u>need two doses</u>, given at least 4 weeks apart.





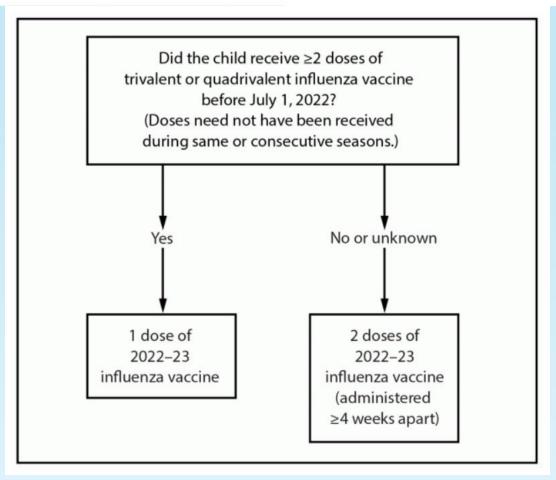






Vaccination of Children 6 mos. – 8 years of Age

FIGURE. Influenza vaccine dosing algorithm for children aged 6 months through 8 years* — Advisory Committee on Immunization Practices, United States, 2022–23 influenza season





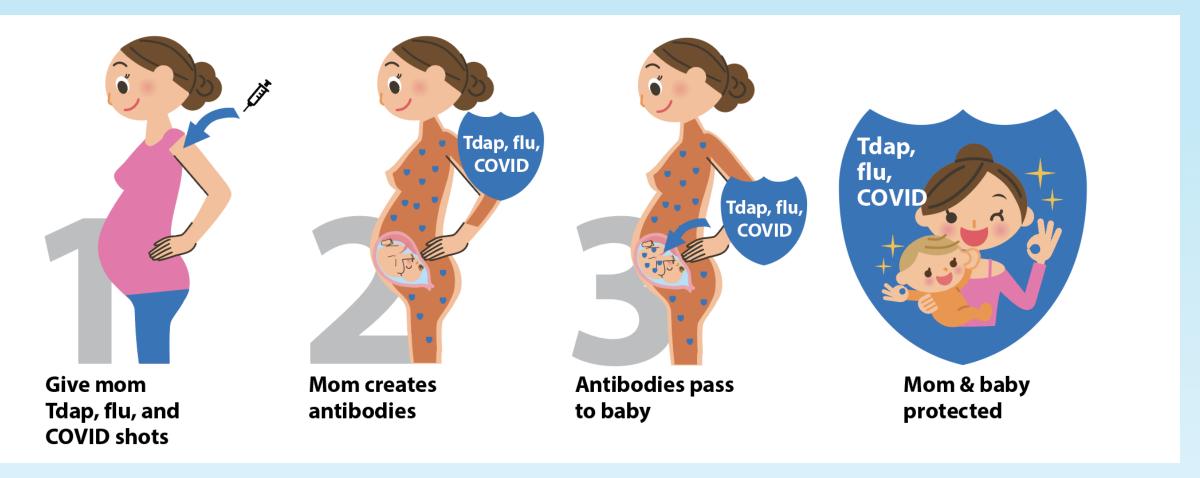






<u>Prevention and Control of Seasonal Influenza with Vaccines:</u>
<u>Recommendations of the Advisory Committee on Immunization Practices — United States, 2022–23 Influenza Season (cdc.gov)</u>

Immunization During Pregnancy is Important











Top 3 Reasons
Why Pregnant
People Need Flu
Vaccine







Pregnant? Top 3 Reasons Why You Need the Flu Vaccine

The flu is a serious illness that can be much more severe during pregnancy. It can be life-threatening for newborns and pregnant women.

Getting the flu vaccine during pregnancy helps protect your newborn from the flu until the baby is old enough for his or her own vaccine.

The flu vaccine is safe for both you and your fetus. You cannot get the flu from the flu vaccine.

Get the flu vaccine during **every pregnancy**, as soon as the vaccine is available. You can get the flu vaccine during any trimester.

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This information is designed as an educational ad for the public it offers current information and opinions related to women's health it is not intended as a statement of the standard of care. It does not explain all of the proper featments or methods of care it is not a startfall for the address of an explaint in the care of the public intended in the public intended intended in the public intended intended in the public intended intended in

is resource was supported by the Centers for Disease Control and Prevention of the U.S. Dispatriment of Health and Human Services. 15g) as a part of a financial assistance award botaling \$500,000 with 100 percent funded by CDCHH IS. The contents are those of the thorical and do not necessarily represent the official waves of, not an endocument, by CDCHHHS, or the U.S. Government.



Learn more at acog.org/Vaccine-Resources

Timing of Flu Vaccination

Cora Hoover, MD, MPH











When to Vaccinate?

- Older adults: Not too early, after July/August
- Pregnant people
 - During any trimester, preferably in September or October
 - Flu vaccination may be considered in July or August for pregnant people in the 3rd trimester to help protect infants against flu in the first few months of life.
- All others: by the end of October, before flu begins spreading in the community.
 - ✓ If your practice is planning dedicated flu clinics or outreach events, September and October are good months to offer.





Continue vaccinating until the last flu dose expires! Flu most commonly peaks in February and significant activity can continue into May. Avoiding missed opportunities is more important than precise timing!









<u>Prevention and Control of Seasonal Influenza with Vaccines:</u>
<u>Recommendations of the Advisory Committee on Immunization</u>
<u>Practices — United States, 2022–23 Influenza Season (cdc.gov)</u>

California Influenza Vaccine Program

Nisha Gandhi, MPH









California Influenza Vaccine Program

- State-funded flu vaccine provided to local health jurisdictions (LHJs) and partners.
- Flu vaccine is prioritized for uninsured persons, though there are no strict eligibility criteria.
- Planning for 2022-23 season:
 - 445,000 doses of flu vaccine will be available.
 - LHJs work with their partners to determine who should receive vaccine.
 - No doses of high-dose flu vaccine or adjuvanted vaccine will be available through the program this year.
 - Talk to your LHJ if you have questions about the program.









Key Messages for Patients

Steven Vantine, Educational Consultant











Key Points for Patient Counseling

What are the benefits of flu vaccination?

Flu vaccination...

- ✓ can keep you from getting sick with flu.
- ✓ has been shown in several studies to reduce severity of illness in people who get vaccinated but still get sick.
- ✓ can reduce the risk of flu-associated hospitalization.
- ✓ is an important preventive tool for people with certain chronic health conditions.
- ✓ helps protect pregnant people during and after pregnancy.
- ✓ can be lifesaving in children.
- ✓ may also protect people around you.











Frequently Asked Questions

Michele Barkus, MPH











FAQ #1 – Can the flu vaccine cause the flu?

- No, flu vaccines cannot cause flu illness.
- Flu vaccines given by injection are made with either inactivated (killed) viruses or with only a single protein from the flu virus.
- The nasal spray vaccine (live attenuated influenza vaccine, or LAIV) contains live viruses that are attenuated (weakened) so that they will not cause illness.









FAQ #2 — Why get the flu vaccine if it's not 100% effective?

- Flu vaccine prevents millions of illnesses and flu-related doctor visits each year.
- While flu vaccine is not 100% effective at preventing infection, it can still help protect against severe disease and death.
- During the 2019-2020 flu season, flu vaccination prevented ~ 7.5 million influenza illnesses, 3.7 million influenza-associated medical visits, 105,000 influenza-associated hospitalizations, and 6,300 influenza-associated deaths. Those illnesses and deaths were prevented even when flu vaccine was only 39% effective.











FAQ #3 — Can you give the flu vaccine with other vaccines?

- Injectable flu vaccines may be administered with other live or inactivated vaccines on the same day or at any interval. Injectable vaccines given simultaneously should be administered at least 1 inch apart or at separate anatomic sites.
- LAIV (live attenuated influenza vaccine) may be given on the same day as any other live or inactivated vaccine. However, if two live vaccines are not given on the same day, they should be separated by at least 4 weeks.









Provider Resources

Terisha Gamboa, MPH









#DontWaitVaccinate Campaign









- Campaign created to address the decrease in immunization rates during the COVID-19 pandemic and promote flu immunization
- A library of customizable social media messages and images
- Tailor the messages to meet the needs of your community

Visit: ImmunizeCA.org









Resources on EZIZ.org

- Available for download at: https://eziz.org/resources/ <u>flu-promo-materials/</u>
- Some of these materials are available for FREE from your local health department.







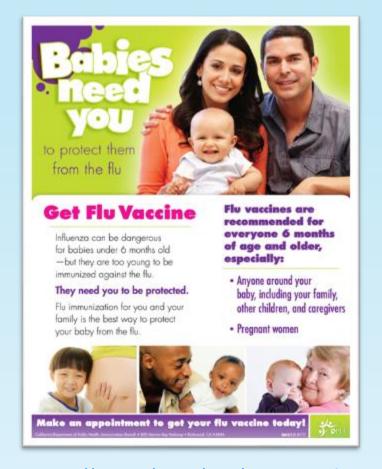








Resources on EZIZ.org







https://eziz.org/assets/docs/IMM-782.pdf

https://eziz.org/assets/docs/IMM-823.pdf









https://eziz.org/assets/docs/IMM-1145.pdf

Additional resources are available on EZIZ.

Additional Resources Available from CDC

- Flu Information for Health Professionals
- Prevent Seasonal Flu (for patients)
- Frequently Asked Flu Questions (2022-23)
- The Difference between Flu and COVID-19
- Flu information for Parents with Young Children
- Information for Schools and Childcare Providers
- Flu Print Resources











Flu Information

Flu: A Guide for Parents



Influenza (flu) is a contagious respiratory illness caused by influenza viruses that infect the nose throat and lungs. Flu is different from a cold, and usually comes on suddenly. Each year flu causes millions of illnesses, hundreds of thousands of hospitalizations, and tens of thousands of deaths in the United States.

Flu can be very dangerous for children. CDC estimates that since 2010, between 6,000 and 26,000 children younger than 5 years old have been hospitalized from flu each year in the U.S. Flu vaccine is safe and helps protect children from flu:

What parents should know

How serious is flu?

While flu illness can vary from mild to severe, children often need medical care because of flu. Children younger than 5 years old and children of any age with certain long-term health problems are at increased risk of flu complications like pneumonia, bronchitis, sinus and ear infections. Some health problems that are known to make children more vulnerable to flu include asthma, diabetes and disorders.

of the brain or nervous system.

How does flu spread?

Flu viruses are thought to spread mainly by droplets made when someone with flu coughs, sneezes or talks. These droplets can land in the mouths or noses of people nearby. A person also can get flu by touching something that has flu virus on it and then touching their mouth, eyes, or nose.

What are flu symptoms?

Flu symptoms can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, feeling tired and sometimes vomiting and diarrhea (more common in children than adults). Some people with the flu will not have a fever.

Protect your child

How can I protect my child from flu?

The first and best way to protect against flu is to get a yearly flu vaccine for yourself and your child.

- Flu vaccination is recommended for everyone 6 months and older every year. Flu shots and nasal spray flu vaccines are both options for vaccination.
- It's especially important that young children and children with certain long-term health problems get vaccinated.
- Caregivers of children at higher risk of flu complications should get a flu vaccine. (Babies younger than 6 months are at higher risk for serious flu complications, but too young to get a flu vaccine.)
- Pregnant people should get a flu vaccine to protect themselves and their baby from flu. Research shows that flu vaccination during pregnancy protects the baby from flu for several months after birth.
- Flu viruses are constantly changing and so flu vaccines are updated often to protect against the flu viruses that research indicates are most likely to cause illness during the upcoming flu season.

Are flu vaccines safe?

Flu vaccines have an excellent safety record. Millions of people have safety received flu vaccines for decades. Flu shots and nasal spray flu vaccines are both options for vaccination. Different types of flu vaccines are licensed for different ages. Each person should get one that is appropriate for their age. CDC and the American Academy of Pediatrics recommend an annual flu vaccine for all children 6 months and older.

What are the benefits of getting a flu vaccine?

- A flu vaccine can keep you and your child from getting sick. When vaccine viruses and circulating viruses are matched, flu vaccination has been shown to reduce risk of getting sick with flu by about 40 to 60%.
- Flu vaccines can keep your child from being hospitalized from flu. One recent study showed that flu vaccine reduced children's risk of flu-related pediatric intensive care unit admission by 74%.
- Flu vaccine can be life saving in children.

A study using data from recent flu seasons found that flu vaccine reduced the risk of flu-associated death by half among children with higher risk medical conditions

Questions?











During These Unprecedented Times...









