



Vaccine Tips

May 2019

Traveling abroad – think MMR!

Although there have been measles cases recently in California, the biggest risk for catching measles is travel outside of North America.



Please ask parents about their travel plans with their children, especially infants.

MMR for children who will be travelling internationally

- Infants 6 through 11 months of age should receive one extra, early dose of MMR vaccine before they travel internationally.
 - Early doses for these VFC-eligible infants are covered by VFC.
 - Infants who get one dose of MMR vaccine before their first birthday should get two more doses starting at 12 months of age and separated by at least 28 days.
- Children 12 months of age and older should receive two doses of MMR vaccine, separated by at least 28 days.

MMR for children who are not traveling internationally

- First dose is recommended on or after their first birthday, but not before.
- Second dose is routinely recommended at age 4 through 6 years before school entry.
 - Children can receive the second dose earlier as long as it is at least 28 days after the first dose of MMR. (If giving MMRV to children, also wait at least 12 weeks after the first dose of varicella vaccine.)

Visit the [EZIZ.org measles page](http://EZIZ.org) for more information, waiting room posters, and patient education materials.



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