Adult vaccines prevent serious diseases such as influenza, shingles, pneumonia caused by pneumococcal bacteria, hepatitis, meningitis and whooping cough.

Here’s 3 things you can do to promote immunizations for adults:

1. **Encourage adult patients—or parents of your young patients—to get caught up on recommended for vaccinations.** Hand out the CDC’s [easy-to-read adult immunization schedule](https://www.cdc.gov/vaccines/imunization-practitioners/adult-schedule/adult-immunization-schedule.pdf) or refer adult patients to their [interactive online personal vaccine scheduler](https://www.nationimmunizationawarenessmonth.org/).  

2. **Share this CDC flyer** [Do You Know What Adult Vaccines You Might Need?](https://www.cdc.gov/vaccines/hcp/immunization-awareness-month/signs-cards/adult-flyer.pdf)

3. **Register your flu clinic** at [http://flushot.healthmap.org](http://flushot.healthmap.org) (if you intend to offer flu vaccinations to the community).

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