

TO: EZIZ Users
FROM: CDPH
SUBJECT: Spring Travel? Are You Ready in Case of Measles?
DATE: 4/14/15

The measles outbreak originating in Disneyland has now spread to over 130 people throughout California and 6 other states. Measles can lead to otitis media, pneumonia, encephalitis, and rarely permanent disability, or death.

While this outbreak has quieted, Spring is a time when people travel for vacation or to visit family. Measles activity is still very high in many parts of Europe, Asia (particularly the Philippines and Vietnam), and Africa. Traveling, even cross paths with an infected person in international airports, can increase exposure opportunities to spread measles.

A patient with measles is highly contagious and could quickly infect others in your waiting and exam rooms. Make sure your staff isolates patients who might have measles.

The California Department of Public Health, Immunization Branch reminds you that educational materials are available to keep your patients safe and help stop the spread of measles.

Resources for you and your patients:

Guidance and Information for Health Care Providers

- [Measles Alert Flyer](#) with symptoms and infection control
- [CDPH Investigation and Surveillance](#)

Patient Education Materials

- [Measles Alert Poster: Tell Staff and Get a Mask](#) (poster for waiting rooms)
- [Put Measles on the Spot Poster](#)
- [Information for Parents: Measles and the Vaccine \(Shot\) to Prevent It Flyer | Spanish](#)
- [Flyer with Questions and Answers](#) about the disease and vaccines
- [Top 4 Things Parents Need to Know about Measles | Spanish](#)

International Travel

- [Vaccinations needed for travel \(CDC\)](#)
- [Visiting Another Country? Think Measles | Tagalog | Other Languages](#)
- [Attention: You Could Have Measles Poster | Spanish](#)