

TO: Child Care
FROM: CDPH
SUBJECT: Help Prevent Flu in Child Care
DATE: 9/24/18

Dear California Child Care Director:

Flu season is fast approaching. Flu spreads easily and can sicken kids and their caregivers quickly. The California Department of Public Health encourages you to promote [influenza](#) vaccination for your child attendees, teachers and staff. As a reminder, childcare staff and volunteers are required by law (Chapter 807, Statutes of 2015) to get vaccinated against flu (as well as whooping cough and measles), unless they have a signed letter from a doctor for either a medical exemption or a declination. To help notify staff and volunteers, we invite you to print copies of [this flyer](#) or order FREE copies from your [local health department](#).

Babies and young children need flu vaccine every year starting at age 6 months old. Even healthy children can be hospitalized or die from flu complications. Consider promoting [vaccinefinder.org](#) and your [local health department](#) for staff and families seeking flu vaccination. When flu vaccine is in stock, those with Medi-Cal can also get immunized at the pharmacy where they generally pick up their prescriptions.

Share Personal stories:



[Breanne's Story](#) (15-month old girl) 1:58 min video
Parents tell of their toddler who [died from the flu](#).

[Gigi's Story](#) (teacher) 4:30 min video
The story of a schoolteacher who did not think she needed a flu shot [but ended up in a coma](#) due to flu.

Post educational materials

You can also help reduce the spread of flu among school-aged children by posting some of the following educational posters at your facility.

- [Parents Keep Our School Healthy poster](#) (bilingual)
- [Keep Our School Healthy Symptoms poster](#) | [Spanish](#)
- [Germ-Free Zone multilingual poster](#) | [English/Spanish](#) | [English/Chinese](#)
- [Keep Our School Healthy poster](#)

[Teaching Children about the Flu](#)

Lesson plans and activities for childcare and early childhood programs (CDC).

To download other flu print resources, visit: <http://eziz.org/resources/flu-promo-materials/>. For more information about flu, visit www.flu.gov.