

TO: Child Care
FROM: CDPH
SUBJECT: Help prevent flu in child care
DATE: 9/16/19

Flu Season is Fast Approaching

Dear California Child Care Director,

The California Department of Public Health encourages you to support flu vaccination for your child attendees, teachers and staff. As a reminder, child care staff and volunteers are required by law (Chapter 807, Statutes of 2015) to get vaccinated against flu, unless they have a signed letter from a doctor for either a medical exemption or a declination. Babies and young children need flu vaccine every year starting at age 6 months old.

Flu spreads easily and can sicken many kids and even teachers quickly. Even healthy children can be hospitalized or die from flu complications. Consider promoting vaccinefinder.org and your [local health department](#) to staff and families seeking where to go for flu vaccination.



Share Personal Flu Stories

[Breanne's Story](#) (15-month old girl) 1:58-min video

[Gigi's Story](#) (teacher) 4:30-min video

You can also help reduce the spread of flu among school-aged children by posting some of the following educational posters at your facility:

- [Parents Keep Our School Healthy poster](#) (bilingual)
- [Keep Our School Healthy Symptoms poster](#) | [Spanish](#)
- [Germ-Free Zone multilingual poster](#) | [English/Spanish](#) | [English/Chinese](#)
- [Keep Our School Healthy poster](#)

[Teaching Children About the Flu](#)—Lesson plans and activities for child care and early childhood programs (CDC).

Download other [flu print resources](#) at EZIZ.org. For more information about flu, visit www.flu.gov.