



## We're stronger when we're all protected against flu!

Dear California School Administrator:

Even though school may look different this year, getting vaccinated against influenza (flu) is [more important than ever](#). Flu and COVID-19 [share many symptoms](#). Preventing flu means fewer teachers and students will miss school to seek medical care, saving limited resources for COVID-19 patients.

We are stronger when we are ALL protected! Take these steps to protect your school from flu:



### 1. Increase access to influenza vaccination by

- Offering school-based clinics or vaccination programs, or
- If vaccination is not available on school grounds -
  - Encourage parents to contact their child's doctor to get a flu shot and any other immunizations they may have missed during the pandemic
  - Promote [vaccinefinder.org](#) for families seeking flu vaccination.
  - Call your [local health department](#) to find out if they are offering free or low-cost flu vaccine.

### 2. Promote [Don't Wait Vaccinate flu campaign](#) social media messages

### 3. Share personal stories

- [Brittney's Story](#) (13-year-old girl) 2-min video —A mom tells of her healthy daughter's unexpected and rapid death from influenza.
- [Gigi's Story](#) (teacher) 4:30-min video—A schoolteacher who never thought she needed a flu shot ends up in a coma from the flu.

### 4. Post flu prevention materials on school grounds (if applicable):

- [Parents Keep Our School Healthy](#) poster (bilingual)
- [Keep Our School Healthy Symptoms](#) poster | Spanish
- [Germ-Free Zone](#) multilingual poster | English/Spanish | English/Chinese
- [Keep Our School Healthy](#) poster
- To download other flu print resources, visit: <http://eziz.org/resources/flu-promo-materials/>. For more information about flu, visit [www.flu.gov](http://www.flu.gov).

