



WE'RE STRONGER

When We're All Protected Against Flu



Dear California School Administrator,

Getting a flu shot is a safe and easy way to help you, your staff, and your students stay healthy. While those with [chronic health conditions are most at risk](#), even healthy kids and adults can be hospitalized or die from flu complications. If staff haven't gotten vaccinated against COVID-19 yet, they may receive COVID-19 and flu shots at the same visit! It's safe and convenient.

Flu vaccination is the best way to protect against flu. We are stronger when we are all protected! We are stronger when we are ALL protected! Take these steps to protect your school from flu:

1. Make it easy to get a flu vaccine!

- [Offer school-located flu clinics or events](#)
- If flu vaccine is not available on school grounds -
 - Encourage parents to contact their child's doctor to get a flu shot and any other shots they may have missed during the pandemic. COVID-19 vaccine is recommended for children 12 years and older and may be given at the same visit.
 - Promote [My Turn](#) for families seeking flu vaccination.
 - Call your [local health department](#) to find out if they are offering free or low-cost flu vaccine.

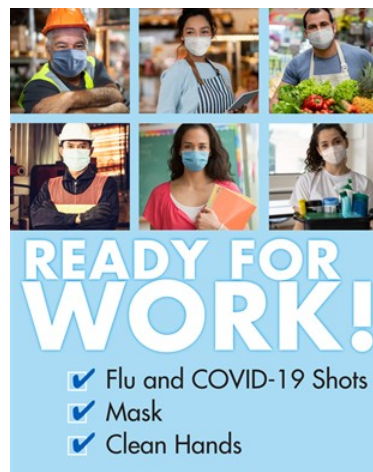
2. Promote flu vaccine using [school robocall messages](#).

3. Share with staff, parents, and colleagues online:

- [Don't Wait Vaccinate flu campaign](#) social media messages
- Personal stories like [Blake's Story](#)

4. Post these resources on school grounds (if applicable):

- [Parents Keep Our School Healthy](#) poster (bilingual)
- [Keep Our School Healthy Symptoms](#) poster Spanish
- [Germ-Free Zone](#) multilingual poster English/Spanish | English/Chinese
- [Flu/COVID-19 flyer for essential workers](#) (English/Spanish)



Download other [flu print resources](#) at EZIZ.org. For more information about flu, visit www.flu.gov.